

Nutritivne & Alergen Informacije



Burrito – Acapulco

Sastav	Kalorije	Masti	Zasićene masti	Ugljeni hidrati	Šećeri	Proteini	Vlakna	Sodium	Alergeni
Tortilja	306.0	8.0	2.9	49.4	3.7	8.2	3.5	700.0	gluten
Piletina	169.0	7.5	1.7	0.0	0.0	23.6	0.0	432.0	začini
Beli pirinač	215.4	0.6	0.1	48.2	0.1	4.2	0.1	0.0	x
Crni pasulj	105.6	0.4	0.1	19.0	0.3	7.1	7.0	0.8	x
Kukuruz	34.4	0.5	0.1	7.5	2.5	1.3	0.8	6.0	x
Paradajz	7.2	0.1	0.0	1.6	10.5	0.3	0.5	2.0	x
Zelena salata	3.9	0.0	0.0	0.7	0.3	0.2	0.2	4.5	x
Pavlaka	54.4	4.2	2.6	2.8	0.1	1.4	0.0	33.2	laktoza
Naco	106.4	6.3	1.2	11.1	0.2	1.8	0.8	218.8	laktoza

Burrito – Cancun

Sastav	Kalorije	Masti	Zasićene masti	Ugljeni hidrati	Šećeri	Proteini	Vlakna	Sodium	Alergeni
Tortilja	306.0	8.0	2.9	49.4	3.7	8.2	3.5	700.0	gluten
Svinjetina	141.0	3.0	2.0	11.0	11.0	19.0	0.0	1062.0	x
Crveni Pirinač	235.8	0.6	0.1	48.6	0.3	4.3	0.2	39.3	x
Pinto pasulj	114.4	0.5	0.1	20.9	0.3	7.2	7.2	0.8	x
Kukuruz	34.4	0.5	0.1	7.5	2.5	1.3	0.8	6.0	x
Paradajz	7.2	0.1	0.0	1.5	10.5	0.3	0.5	2.0	x
Red salsa	136.0	0.1	0.0	2.7	1.5	0.6	0.7	262.4	x
Salsa verde	15.2	0.3	0.0	2.5	1.4	0.4	0.7	362.4	x

Burrito – Puebla

Sastav	Kalorije	Masti	Zasićene masti	Ugljeni hidrati	Šećeri	Proteini	Vlakna	Sodium	Alergeni
Tortilja	306.0	8.0	2.9	49.4	3.7	8.2	3.5	700.0	gluten
Junetina	291.0	19.5	7.5	0.0	0.0	26.8	0.0	65.0	x
Beli pirinač	215.4	0.6	0.1	48.2	0.1	4.2	0.1	0.0	x
Crni pasulj	105.6	0.4	0.1	19.0	0.2	7.1	7.0	0.8	x
Kukuruz	34.4	0.5	0.1	7.5	2.5	1.3	0.8	6.0	x
Paradajz	7.2	0.1	0.0	1.5	10.5	0.3	0.5	2.0	x
Zelena salata	3.9	0.0	0.0	0.7	0.3	0.2	0.2	4.5	x
Pavlaka	54.4	4.2	2.6	2.8	0.1	1.4	0.0	33.2	laktoza
Naco	106.4	6.3	1.2	11.1	0.2	1.8	0.8	218.8	laktoza

Vege Burrito

Sastav	Kalorije	Masti	Zasićene masti	Ugljeni hidrati	Šećeri	Proteini	Vlakna	Sodium	Alergeni
Tortilja	306.0	8.0	2.9	49.4	3.7	8.2	3.5	700.0	gluten
Beli pirinač	215.4	0.6	0.1	48.2	0.1	4.2	0.1	0.0	x
Crni pasulj	105.6	0.4	0.1	19.0	0.2	7.1	7.0	0.8	x
Kukuruz	34.4	0.5	0.1	7.5	2.5	1.3	0.8	6.0	x
Paradajz	7.2	0.1	0.0	1.5	10.5	0.3	0.5	2.0	x
Vitaminska salata	11.0	0.1	0.0	2.3	1.1	0.3	0.8	11.9	x
Zelena salata	3.9	0.0	0.0	0.7	0.3	0.2	0.2	4.5	x
Pavlaka	54.4	4.2	2.6	2.8	0.1	1.4	0.0	33.2	laktoza
Naco	106.4	6.3	1.2	11.1	0.2	1.8	0.8	218.8	laktoza

Crunchwrap

Sastav	Kalorije	Masti	Zasićene masti	Ugljeni hidrati	Šećeri	Proteini	Vlakna	Sodium	Alergeni
Tortilja	306.0	8.0	2.9	49.4	3.7	8.2	3.5	700.0	gluten
Biljni sir	156.0	12.8	2.3	0.4	0.4	10.0	0.0	268.0	soja, orašasti plodovi - zavisi od recepta
Piletina	169.0	7.5	1.7	0.0	0.0	23.6	0.0	432.0	začini
Čips	42.8	1.1	0.4	6.9	0.5	1.1	0.5	98.0	gluten
Naco	106.4	6.3	1.2	11.1	0.2	1.8	0.8	218.8	laktoza
Pavlaka	54.4	4.2	2.6	2.8	0.1	1.4	0.0	33.2	laktoza
Zelena salata	3.9	0.0	0.0	0.7	0.3	0.2	0.2	4.5	x
Paradajz	7.2	0.1	0.0	1.6	10.5	0.3	0.5	2.0	x

Vege Crunchwrap

Sastav	Kalorije	Masti	Zasićene masti	Ugljeni hidrati	Šećeri	Proteini	Vlakna	Sodium	Alergeni
Tortilja	306.0	8.0	2.9	49.4	3.7	8.2	3.5	700.0	gluten
Biljni sir	156.0	12.8	2.3	0.4	0.4	10.0	0.0	268.0	soja, orašasti plodovi - zavisi od recepta
Crni pasulj	105.6	0.4	0.1	19.0	0.3	7.1	7.0	0.8	x
Čips	42.8	1.1	0.4	6.9	0.5	1.1	0.5	98.0	gluten
Naco	106.4	6.3	1.2	11.1	0.2	1.8	0.8	218.8	laktoza
Pavlaka	54.4	4.2	2.6	2.8	0.1	1.4	0.0	33.2	laktoza
Zelena salata	3.9	0.0	0.0	0.7	0.3	0.2	0.2	4.5	x
Paradajz	7.2	0.1	0.0	1.5	10.5	0.3	0.5	2.0	x

Quesadilla

Sastav	Kalorije	Masti	Zasićene masti	Ugljeni hidrati	Šećeri	Proteini	Vlakna	Sodium	Alergeni
Tortilja	306.0	8.0	2.9	49.4	3.7	8.2	3.5	700.0	gluten
Trapist sir	136.4	10.6	6.1	0.2	0.0	10.1	0.0	0.0	laktoza
Piletina	169.0	7.5	1.7	0.0	0.0	23.8	0.0	432.0	začini
Zelena salata	7.8	0.0	0.0	1.5	0.5	0.4	0.5	9.0	x

Vulkano Quesadilla

Sastav	Kalorije	Masti	Zasićene masti	Ugljeni hidrati	Šećeri	Proteini	Vlakna	Sodium	Alergeni
Tortilja	306.0	8.0	2.9	49.4	3.7	8.2	3.5	700.0	gluten
Vulkano sos	230.8	13.4	2.5	25.5	0.9	4.3	3.4	440.5	laktoza
Piletina	69.0	7.5	1.7	0.0	0.0	23.5	0.0	432.0	začini
Trapist sir	136.4	10.6	6.1	0.1	0.04	10.1	0.0	0.0	laktoza
Jalapeño	11.6	0.1	0.03	2.6	1.6	0.3	1.1	1.2	x

Vege Quesadilla

Sastav	Kalorije	Masti	Zasićene masti	Ugljeni hidrati	Šećeri	Proteini	Vlakna	Sodium	Alergeni
Tortilja	306.0	8.0	2.9	49.4	3.7	8.2	3.5	700.0	gluten
Biljni sir	156.0	12.8	2.3	0.4	0.4	10.0	0.0	268.0	soja, orašasti plodovi - zavisi od recepta
Marinirane pečurke	25.6	0.2	0.0	3.7	1.6	2.2	1.5	4.0	x
Zelena salata	7.8	0.0	0.0	1.5	0.5	0.4	0.5	9.0	x

Hard Tacos – piletina

Sastav	Kalorije	Masti	Zasićene masti	Ugljeni hidrati	Šećeri	Proteini	Vlakna	Sodium	Alergeni
Tacos	190.4	8.7	2.8	25.4	0.6	2.6	2.7	129.6	gluten, kukuruz
Piletina	169.0	7.5	1.7	0.0	0.0	23.6	0.0	432.0	začini
Trapist sir	136.4	10.6	6.1	0.2	0.0	10.1	0.0	0.0	laktoza
Zelena salata	3.9	0.0	0.0	0.7	0.3	0.2	0.2	4.5	x
Paradajz	7.2	0.1	0.0	1.6	10.5	0.3	0.5	2.0	x
Naco	106.4	6.3	1.2	11.1	0.2	1.8	0.8	218.8	laktoza
Ranč	169.0	17.6	3.6	1.9	0.2	0.9	0.2	185.1	jaja, soja, laktoza, gluten

Soft tacos – piletina

Sastav	Kalorije	Masti	Zasićene masti	Ugljeni hidrati	Šećeri	Proteini	Vlakna	Sodium	Alergeni
Tortilja	244.8	6.4	2.3	39.5	3.0	6.6	2.8	560.0	gluten
Piletina	169.0	7.5	1.7	0.0	0.0	23.6	0.0	432.0	začini
Naćo sir	106.4	6.3	1.2	11.1	0.2	1.8	0.8	218.8	laktoza
Cheddar sir	81.8	6.8	3.8	0.5	0.1	4.7	0.0	130.8	laktoza
Taco sos	48.2	2.2	0.3	6.8	5.5	0.3	0.1	189.6	susam, soja, gluten, jaja
Peršun	1.8	0.0	0.0	0.3	0.0	0.1	0.2	2.8	x

Hard Tacos – Vege

Sastav	Kalorije	Masti	Zasićene masti	Ugljeni hidrati	Šećeri	Proteini	Vlakna	Sodium	Alergeni
Tacos	190.4	8.7	2.8	25.4	0.6	2.6	2.7	129.6	gluten, kukuruz
Gvak	128.0	11.7	1.7	6.8	0.5	1.6	5.3	5.6	x
Crni pasulj	105.6	0.4	0.1	19.0	0.3	7.1	7.0	0.8	x
Zelena salata	3.9	0.0	0.0	0.7	0.3	0.2	0.2	4.5	x
Paradajz	7.2	0.1	0.0	1.6	10.5	0.3	0.5	2.0	x
Naco	106.4	6.3	1.2	11.1	0.2	1.8	0.8	218.8	laktoza
Ranč	169.0	17.6	3.6	1.9	0.2	0.9	0.2	185.1	jaja, soja, laktoza, gluten

Soft Tacos – Vege

Sastav	Kalorije	Masti	Zasićene masti	Ugljeni hidrati	Šećeri	Proteini	Vlakna	Sodium	Alergeni
Tortilja	244.8	6.4	2.3	39.5	3.0	6.6	2.8	560.0	gluten
Vege chilli	137.7	5.2	0.5	18.7	3.7	5.7	4.3	150.8	x
Kukuruz	34.4	0.5	0.1	7.5	2.5	1.3	0.8	6.0	x
Biljni sir	156.0	12.8	2.3	0.4	0.4	10.0	0.0	268.0	soja, orašasti plodovi – zavisi od recepta
Kinoa	48.0	0.8	0.1	8.5	0.3	1.8	1.1	2.8	x

Taquitos – mala porcija (6 komada)

Sastav	Kalorije	Masti	Zasićene masti	Ugljeni hidrati	Šećeri	Proteini	Vlakna	Sodium	Alergeni
Piletina	165.0	6.8	1.8	0.0	0.0	29.1	0.0	153.6	x
Pomfrit	231.2	11.2	2.0	29.8	0.2	2.8	3.1	285.6	gluten
Taco začin	36.1	0.0	0.0	7.2	0.0	0.0	1.2	888.0	gluten
Tortilja	275.4	7.2	2.6	44.4	3.3	7.4	3.1	630.0	gluten

Taquitos – velika porcija (9 komada)

Sastav	Kalorije	Masti	Zasićene masti	Ugljeni hidrati	Šećeri	Proteini	Vlakna	Sodium	Alergeni
Piletina	247.5	10.3	2.7	0.0	0.0	43.6	0.0	230.4	x
Pomfrit	231.2	11.2	2.0	29.8	0.2	2.8	3.1	285.6	gluten
Taco začin	54.2	0.0	0.0	10.8	0.0	0.0	1.8	1332.0	gluten
Tortilja	413.1	10.8	3.9	66.6	5.0	11.0	4.7	945.0	gluten

Chimichange – mala porcija (2 komada)

Sastav	Kalorije	Masti	Zasićene masti	Ugljeni hidrati	Šećeri	Proteini	Vlakna	Sodium	Alergeni
Smesa za chimichange (chilli con carne, trapist sir, paprika rezana crvena)	252.0	18.9	7.2	0.9	0.9	18.0	0.0	171.0	gluten, jaja, mleko, soja
Pomfrit	231.2	11.2	2.0	29.8	0.2	2.8	3.1	285.6	gluten
Tortilja	286.0	7.0	4.0	46.0	1.0	7.0	1.0	0.0	gluten, jaja, mleko, soja

Chimichange – velika porcija (3 komada)

Sastav	Kalorije	Masti	Zasićene masti	Ugljeni hidrati	Šećeri	Proteini	Vlakna	Sodium	Alergeni
Smesa za chimichange (chilli con carne, trapist sir, paprika rezana crvena)	252.0	18.9	7.2	0.9	0.9	18.0	0.0	171.0	gluten, jaja, mleko, soja
Pomfrit	231.2	11.2	2.0	29.8	0.2	2.8	3.1	285.6	gluten
Tortilja	286.0	7.0	4.0	46.0	1.0	7.0	1.0	0.0	gluten, jaja, mleko, soja

Crispy Chicken – mala porcija (5 komada)

Sastav	Kalorije	Masti	Zasićene masti	Ugljeni hidrati	Šećeri	Proteini	Vlakna	Sodium	Alergeni
Piletina	165.5	8.5	2.3	0.0	0.0	36.4	0.0	192.0	x
Pomfrit	231.2	11.2	2.0	29.8	0.2	2.8	3.1	285.6	gluten
Kornfleks	18.2	0.1	0.0	3.9	0.5	0.3	0.2	35.1	gluten, laktoza

Crispy Chicken – velika porcija (10 komada)

Sastav	Kalorije	Masti	Zasićene masti	Ugljeni hidrati	Šećeri	Proteini	Vlakna	Sodium	Alergeni
Piletina	330.0	17.1	4.5	0.0	0.0	72.7	0.0	384.0	x
Pomfrit	231.2	11.2	2.0	29.8	0.2	2.8	3.1	285.6	gluten
Kornfleks	36.5	0.2	0.0	7.9	0.9	0.6	0.3	70.3	gluten, laktoza

Churros – (3 komada)

Sastav	Kalorije	Masti	Zasićene masti	Ugljeni hidrati	Šećeri	Proteini	Vlakna	Sodium	Alergeni
Brašno, šećer, so, ulje	523.7	27.8	11.6	61.1	29.2	7.6	3.2	386.2	gluten, jaja, mleko

Brownie

Sastav	Kalorije	Masti	Zasićene masti	Ugljeni hidrati	Šećeri	Proteini	Vlakna	Sodium	Alergeni
Čokolada u prahu, šećer, pšenično brašno, biljna mast, desktoza, mlečne belančevine, so	405.0	16.3	4.2	63.9	36.6	4.8	2.1	286.0	gluten, jaja, mleko, orašasti plodovi

Urban Cezar salata

Sastav	Kalorije	Masti	Zasićene masti	Ugljeni hidrati	Šećeri	Proteini	Vlakna	Sodium	Alergeni
Fit piletina	98.0	5.7	1.5	0.0	0.0	24.2	0.0	128.0	x
Zelena salata	15.6	0.1	0.0	3.0	1.1	0.7	1.0	18.0	x
Parmežan	84.0	5.6	3.1	2.5	0.0	5.9	0.0	350.0	laktoza
Crunch slanina	216.4	16.7	5.5	0.6	0.0	14.8	0.0	412.0	x
Paradajz	7.2	0.1	0.0	1.6	10.5	0.3	0.5	2.0	x
Pečeni badem	130.6	11.4	0.9	1.1	0.8	5.2	0.6	0.0	x
Krutoni	58.6	0.8	0.2	10.8	1.2	2.1	0.5	99.0	gluten
Cezar dresing	216.8	23.1	3.5	1.3	1.1	0.9	0.2	483.6	laktoza, riba, jaja, soja

Protein Vegan salata

Sastav	Kalorije	Masti	Zasićene masti	Ugljeni hidrati	Šećeri	Proteini	Vlakna	Sodium	Alergeni
Kinoa	48.0	0.8	0.1	8.5	0.3	1.8	1.1	2.8	x
Zelena salata	15.6	0.1	0.0	3.0	1.1	0.7	1.0	18.0	x
Edamame	48.4	2.1	0.2	3.6	0.9	4.8	2.1	2.4	soja
Leblebija	151.2	2.4	0.2	25.2	4.3	8.2	4.9	9.6	x
Batat	34.4	1.7	0.0	0.6	2.6	4.1	12.3	674.5	x
Šargarepa	9.6	3.4	0.1	1.1	5.2	4.9	15.2	1326.9	x
Paprika	6.2	0.0	0.0	1.3	0.8	0.2	0.2	0.0	x
Crveni kupus	6.2	0.1	0.0	1.3	0.6	0.2	0.5	3.2	x
Kikiriki dresing	239.2	20.5	4.1	9.0	4.2	8.9	2.0	170.4	kikiriki

Tunakado salata

Sastav	Kalorije	Masti	Zasićene masti	Ugljeni hidrati	Šećeri	Proteini	Vlakna	Sodium	Alergeni
Tunjevina	102.0	1.1	0.3	0.1	0.0	22.8	0.0	262.8	riba
Zelena salata	15.6	0.1	0.0	3.0	1.1	0.7	1.0	18.00	x
Proso	71.4	0.6	0.1	14.2	0.1	2.1	0.8	1.2	x
Kukuruz	34.4	0.5	0.1	7.48	2.5	1.3	0.8	6.0	x
Indijski orah	229.6	18.5	3.6	13.08	2.0	6.1	1.2	6.4	indijski orasi
Avokado	128.0	11.7	1.7	6.82	0.5	1.6	5.4	5.6	x
Mix semenki	123.2	10.9	1.4	4.58	0.9	3.4	1.4	1.4	koštunjavi plodovi
Šargarepa	9.6	0.1	0.0	2.05	0.9	0.2	0.6	17.4	x
Limi dresing	150.8	16.0	2.5	2.36	0.4	0.1	0.5	0.8	x

Limunada – Mohito

Sastav	Kalorije	Masti	Zasićene masti	Ugljeni hidrati	Šećeri	Proteini	Vlakna	Sodium	Alergeni
Mohito sirup	23.6	0.0	0.0	5.9	5.9	0.0	0.0	0.2	x
Limunov sok	2.5	0.0	0.0	0.9	0.1	0.1	0.2	0.2	x

Limunada – Đumbir

Sastav	Kalorije	Masti	Zasićene masti	Ugljeni hidrati	Šećeri	Proteini	Vlakna	Sodium	Alergeni
Mohito sirup	23.0	0.0	0.0	5.7	5.75	0.0	0.0	0.2	x
Limunov sok	2.4	0.0	0.0	0.8	0.1	0.1	0.2	0.2	x

Limunada – Lubenica

Sastav	Kalorije	Masti	Zasićene masti	Ugljeni hidrati	Šećeri	Proteini	Vlakna	Sodium	Alergeni
Mohito sirup	22.3	0.0	0.0	5.7	5.7	0.0	0.0	0.2	x
Limunov sok	2.4	0.0	0.00	0.8	0.1	0.0	0.2	0.2	x

Malina

Sastav	Kalorije	Masti	Zasićene masti	Ugljeni hidrati	Šećeri	Proteini	Vlakna	Sodium	Alergeni
Malina	23.7	0.1	0.0	5.4	1.1	0.4	2.7	0.0	x
Šećer u prahu	80.2	0.1	0.00	19.9	20.0	0.0	0.0	0.2	x
Limunov sok	7.5	0.0	0.0	2.6	0.4	0.2	0.7	0.5	x

Točena pića

Sastav	Kalorije	Masti	Zasićene masti	Ugljeni hidrati	Šećeri	Proteini	Vlakna	Sodium	Alergeni
Pepsi 0,33	138.6	0.0	0.0	35.3	35.3	0.0	0.0	0.0	x
Pepsi 0,5	210.0	0.0	0.0	53.5	53.5	0.0	0.0	0.0	x
Pepsi Max 0,33	138.6	0.0	0.0	35.3	35.3	0.0	0.0	0.0	x
Pepsi Max 0,55	210.0	0.0	0.0	53.5	53.5	0.0	0.0	0.0	x
Pepsi sa limunom 0,33	138.6	0.0	0.0	35.3	35.3	0.0	0.0	0.0	x
Pepsi sa limunom 0,5	210.0	0.0	0.0	53.5	53.5	0.0	0.0	0.0	x
7Up 0,33	138.6	0.0	0.0	35.3	35.3	0.0	0.0	0.0	x
7Up 0,5	210.0	0.0	0.0	53.5	53.5	0.0	0.0	0.0	x
Mirinda 0,33	39.6	0.0	0.0	35.3	35.3	0.0	0.0	0.0	x
Mirinda 0,5	60.0	0.0	0.0	53.5	53.5	0.0	0.0	0.0	x